

Services and User Guide

Individual Counseling

Individual counseling is a process of identifying problems, self-understanding, and finding concrete solutions through consultations with counseling experts. The sessions can cover various issues such as difficulties in career, interpersonal relationships, cultural adaptation, emotional issues, family relationships, and romantic relationship issues.

An essential psychological diagnosis (YSQ*) is conducted when students apply for individual counseling, and the results are interpreted to help resolve their problems.

* YSQ (Yonsei Screening Questionnaire) is a questionnaire composed of questions to determine psychological difficulties in various areas.



Group Counseling

Group counseling is a process in which a group of people with similar interests communicate together to promote understanding under the supervision of a counselor. The program covers various issues such as self-understanding, self-expression, career exploration, and improving interpersonal skills. Please check the announcements on YSCEC and Yonsei counseling Center website every semester. You may participate by applying online.



-  **Address** Yonsei University Ethics and Human Rights Committee Psychological Counseling Center
Baekyang Hall N 408
-  **Phone Number** 02-2123-6688
-  **E-mail** counsel_english@yonsei.ac.kr
-  **Time** Mon~Fri 09:00~17:20